

# TRUE CHOICES REVIEW: PART 1

How do you think God is calling you to participate in his plan? (education, career, Vocation, family)

What is love, and how does it play into living chastely?

What factors can influence the way that we behave? How do you see these factors working in your friend group?

What did you learn about pornography?

What did you learn about the possible consequences of sex outside of marriage? How did it impact you?

When does human life begin? Why is this important?

A woman facing an unplanned pregnancy has three options. What are they?

What did you learn about abortion? How did this impact you? Why?

Which statistics on abortion surprised you the most? Why?

# TRUE CHOICES REVIEW: PART 2

What is open adoption? Why do you think that many women prefer to choose open adoption?

Name some of the challenges and blessings that can come from choosing to parent.

Why shouldn't fertility be considered a disease? What are some of the side effects of hormonal contraception?

What is the Catholic Church's teaching on contraception?

What is NaPro Technology and how can it be used to maintain reproductive health?

What services does COLFS offer to support women's health?

Pick one truth listed on the slide "Claiming the Truth." Why does it resonate with you?

Pick one virtue that you want to grow in. How can you take practical steps to grow in this virtue?

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