

QUARTER 2
2018

PRO-WOMAN
PRO-CHILD
PRO-FAMILY
PRO-LIFE!



Culture of Life
Family Services



Exciting Month for Abortion Pill Reversal

PUBLISHED

We kicked off the month of April with Dr. Delgado's highly anticipated research being published and released by *Issues in Law and Medicine*. With subgroups showing successful reversal rates as high as 68%, we can say with certainty that Abortion Pill Reversal is safe and effective!

BIG NEWS!

Next we traveled to Anaheim, CA for Heartbeat International's annual conference. All week, the organization amped up its attendees with the promise of a "Big Announcement" at the end of the conference. True to their word, Heartbeat International announced at its closing conference lunch that the Abortion Pill Reversal network would be coming under the umbrella of the Heartbeat Team! The news was met with uproarious applause, celebrating the opportunity for continued growth and expansion of the APR program with Heartbeat International's extensive outreach, services, and programming.



 **APRUPDATE**
abortionpillreversal.com

- ♥ Abortion Pill available in the U.S. since 2000
- ♥ 31% of abortions were medically-induced abortions as reported in 2014
- ♥ Abortion Pill Reversal success rates as high as 68%
- ♥ Over 2800 calls placed
- ♥ Over 500 lives saved
- ♥ Lives saved in 44 states
- ♥ Lives saved in 16 countries

SEE ABORTION PILL REVERSAL INSIDE

Ministry MINUTES



This quarter welcomes a plethora of wonderful changes and developments.

Partnership, fellowship and programming have been our key focuses. Our current partnership with Birth Choice San Marcos, the Women's Mobile Clinic, has consistently increased patient flow monthly due to a large demand for services in San Marcos and Oceanside.

Our ministry is committed to providing compassionate, holistic care. We want to address not only physical well-being but also mental and spiritual health. Mending a broken heart or guilty soul is a strain many women face in silence, and so we felt it necessary to build a grief and healing ministry program. We have been blessed to partner with Rachel's Hope to provide post-abortive and miscarriage support workshops, now offered monthly, from our Escondido location.

As we increased communication with the diocese, partners, community and supporters we have identified the need for preventative education. We want our young adults and youth to make positive, sound decisions about their

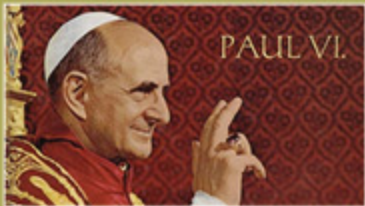
future as well as help parents feel informed and ready to have conversations about sexual integrity, social media and internet awareness.

Our "In the Know" program will help educate youth and teens on practicing sexual integrity and chastity, as well as education on the health and risks of sexual exposure to include STDs, STIs and unplanned pregnancy.

We are also initiating "The Positive Life Skill" building program which will help set students up for success by teaching core skills and techniques for battling common struggles like time management, burn out, peer pressure, self-understanding, and goal-setting.

As we continue to add to our programs, we welcome any suggestions and help along the way. Please continue to follow us on Facebook and check out our blog on the website. We also encourage everyone to post a google review to help build our client base. We look forward to sharing more exciting news in the months to come.

Celebrate the 50th Anniversary of Humanae Vitae • July 27–28, 2018



Ontario Convention Center of Ontario, CA • Featuring fifty speakers, including: Archbishop Salvatore Cordileone • George Delgado, MD • George Weigel • Christopher West • Patrick Coffin • Dr. Ray Guarendi • Professor Janet Smith, PhD
www.celebratehv50.com

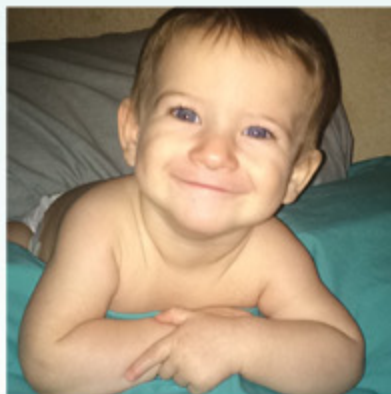
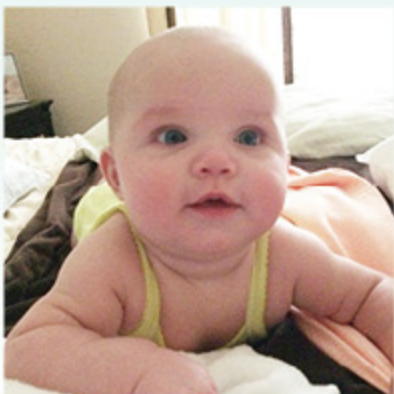


Abortion Pill Reversal (continued from front page)

400TH BIRTH

We close out the month anticipating Abortion Pill Reversal's 400th birth! With more than 100 women currently pregnant, that brings us to more than 500 lives saved by Abortion Pill Reversal! To honor Dr. Delgado for his work making APR possible and accessible to any woman seeking a second chance at life for her unborn, Heartbeat International awarded him with their prestigious Servant Leader Award. As we look back with pride at all that has been accomplished within the APR program through the intentional decision-making and dedicated work of the COLFS team, we also look forward with hope to all that will be accomplished through this collaborative merger of Heartbeat International and Abortion Pill Reversal.

Learn more about Heartbeat International:
www.heartbeatinternational.org



New Abortion Pill Reversal Study Published



Dr. Delgado has been studying mifepristone reversal since 2009.

Our medical director, George Delgado, M.D., has published a new study in the peer-reviewed medical journal, *Issues in Law and Medicine*, looking at the use of progesterone to reverse mifepristone (RU-486) medical abortions. Women who change their minds after taking mifepristone, the first drug in the medical abortion process, have a safe and effective way to reverse their medical abortions that is now supported by more scientific evidence.

Progesterone is the hormone essential to the maintenance of a normal, healthy pregnancy. Mifepristone is a progesterone receptor blocker. In the United States, 30 to 40% of all abortions are mifepristone medical abortions.

The study, looking at 261 successful mifepristone reversals, showed that the reversal success rates were 68% with the high-dose oral progesterone protocol and 64% with the injected Progesterone protocol; both were significantly better rates than the 25% survival rate if no treatment is offered. There was no increased risk of birth defects or preterm births.

Progesterone has been used safely in pregnancy for over 40 years. Dr. Delgado has been studying mifepristone reversal since 2009.

One client wrote, "I just wanted to say, thank you from the bottom of my heart!!!" Another stated, "Changed my entire world by helping me that night. This is the best feeling in the world and nothing else matters. Thank you."

Dr. Delgado started the Abortion Pill Reversal network in 2012 as a project of Culture of Life Family Services. It has grown into an international program. In April, Heartbeat International formally assumed control of the network; Abortion Pill Reversal research will remain under the control of Dr. Delgado. This partnership with Heartbeat will allow the network to grow to serve more women who change their minds after taking mifepristone. To read the full article:

<http://issuesinlawandmedicine.com/wp-content/uploads/2018/04/Effects-of-Mifepristone-Article-6.pdf>

Come and join us for an enjoyable evening to help raise funds to support

COLFS Light and Life Ministry

Saturday, June 16, 2018

6:30 PM Registration/Social

7:00 PM Dinner

7:45 PM Program



COLFS Women's Mobil Clinic: WomenMobileClinic.com

GUEST SPEAKERS



Rev. Patrick Wainwright
Miles Christi,
COLFS Advisory Board



Karen Sarokl, MD
COLFS Associate Medical
Director



Tiffany Silton
COLFS Clinic Manager



Maria Perez Moreno
COLFS Medical
Operations Manager



George Delgado, MD
COLFS Medical Director

Lasagna Dinner

San Rafael Parish Hall

17252 Bernardo Center Drive

San Diego, CA 92128

www.kofcbringlight.org

DINNER: \$25 per person

EARLY BIRD SPECIAL:

(Purchase your ticket(s) by June 2nd and receive a 20% Discount - that is just \$20 per person)

Abortion is
not a sign
that women
are free,
but a sign
that they are
desperate.

FREDERICA
MATHEWES-GREEN



362 West Mission Avenue, #105
Escondido, CA 92025

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Miscarriage Support

Saturdays • May 12 • July 14
11:00am–1:00pm • Escondido Office

Post Abortion Support

Saturdays • June 9 • August 11
11:00am–1:00pm • Escondido Office

Knights of Columbus Dinner

Saturday, June 16 • 6:30pm
San Rafael Catholic Church

50th Anniversary of Humanae Vitae

July 27–28 • Ontario, CA
www.celebratehv50.com

9th Annual Gala

Saturday, October 20 • 5:00pm
Rancho Bernardo Inn

Graphic Design: www.JMBDesignsInc.com

*Happy Mothers and
Fathers Day!*

Almighty God, thank you for the gift of mothers and fathers. Keep them well in mind and spirit. Bless their labors. Keep them always in your care. Bless them generously so as to imitate faithfully the example of your Holy Family. Grant them the grace to be the parents they should be for their children. In Jesus' name, we pray. Amen.

STAFF spotlight



Farewell, Joan!

COLFS would like to say farewell to Joan Katherine Martin. We thank Joan for her support of COLFS over the past year and half in her role as Development Director. We appreciate her enthusiasm for our mission and thank her for introducing COLFS to many new friends. We wish her God's blessing! Thanks Joan!



Welcome, Cheris!

Help us welcome Cheris Lenahan to the COLFS team! Cheris is a graduate from Franciscan University of Steubenville, and after receiving her degree in nursing she returned to her home state of California to begin her career. Prior to joining COLFS, she worked at a retirement facility for elderly nuns, but always knew she wanted to transition to care for the unborn. She also wanted to be able to combine her faith with her passion for nursing, and was thrilled when the opportunity with COLFS became available. Outside of her nursing career, Cheris enjoys spending time with friends and family, traveling, and painting.

CRISIS HOTLINE
(619) 564-3310

COLFS San Diego • (619) 692-4401
5030 Camino de la Siesta, #106 San Diego, CA 92108

COLFS North County • (760) 294-6114
362 West Mission Ave., #105 Escondido, CA 92025

www.COLFS.org | www.COLFHC.org | www.COLFSclinic.org | www.AbortionPillReversal.com

Facebook: colfs.sd • Twitter: @COLFS_sd • Instagram: colfs sd